

**NASA DRUG FREE POWERLIFTING WEST VIRGINIA STATE RECORDS**

National Records Chairman: (Sammy Sebok) Last Update: 8/8/2023

## MEN'S POWERSPORTS WEST VIRGINIA RECORDS

<b>114</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>123</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>132</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0

Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**148**

Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F	Isaiah Beckett 6-8-2019	47.5	104.72	Isaiah Beckett 6-8-2019	70	154.32	Isaiah Beckett 6-8-2019	145	319.67	Isaiah Beckett 6-8-2019	282.5	622.81

**165**

Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>181</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2	Allen Smith 10.15.2022	67.5	148.81	Allen Smith 10.15.2022	146	321.87	Allen Smith 10.15.2022	205	451.95	Allen Smith 10.15.2022	418.5	922.63
Masters 3	Helmondollar 6/8/2019	52.5	115.74	Helmondollar 6/8/2019	117.5	259.04	Helmondollar 6/8/2019	182.5	402.34	Helmondollar 6/8/2019	352.5	777.13
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>198</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>220</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0

Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3	Duane Taylor 6-8-2019	70	154.32	Duane Taylor 6-8-2019	122.5	270.07			0			0
Masters 4	Bud Samples 6-8-2019	47.5	104.72			0			0			0
Masters 5			0			0			0			0
Masters Pure	Duane Taylor 6-8-2019	70	154.32			0			0			0
P+F			0			0			0			0

**242**

Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**275**

Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>308</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open	Trey Abbott 4/8/23	45	99.21	Trey Abbott 4/8/23	130	286.6	Trey Abbott 4/8/23	210	462.97	Trey Abbott 4/8/23	385	848.78
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>SHW</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1	Jason Belcher	97.5	214.95	Jason Belcher	220	485.02	Jason Belcher	297.5	655.87	Jason Belcher	615	1355.84
Submasters 2			0			0			0			0
SMP	Jason Belcher	90	198.42	Jason Belcher	217.5	479.5	Jason Belcher	285	628.32	Jason Belcher	592.5	1306.24
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**WOMEN'S POWERSPORTS WEST VIRGINIA RECORDS**

<b>97</b>												
Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0

Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**105**

Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**114**

Division	CURL	Kilos	Lbs	BENCH PRESS	Kilos	Lbs	DEADLIFT	Kilos	Lbs	TOTAL	Kilos	Lbs
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0

P+F			0			0			0			0
<b>123</b>												
<b>Division</b>	<b>CURL</b>	<b>Kilos</b>	<b>Lbs</b>	<b>BENCH PRESS</b>	<b>Kilos</b>	<b>Lbs</b>	<b>DEADLIFT</b>	<b>Kilos</b>	<b>Lbs</b>	<b>TOTAL</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>132</b>												
<b>Division</b>	<b>CURL</b>	<b>Kilos</b>	<b>Lbs</b>	<b>BENCH PRESS</b>	<b>Kilos</b>	<b>Lbs</b>	<b>DEADLIFT</b>	<b>Kilos</b>	<b>Lbs</b>	<b>TOTAL</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>148</b>												
<b>Division</b>	<b>CURL</b>	<b>Kilos</b>	<b>Lbs</b>	<b>BENCH PRESS</b>	<b>Kilos</b>	<b>Lbs</b>	<b>DEADLIFT</b>	<b>Kilos</b>	<b>Lbs</b>	<b>TOTAL</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0



Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>165</b>												
<b>Division</b>	<b>CURL</b>	<b>Kilos</b>	<b>Lbs</b>	<b>BENCH PRESS</b>	<b>Kilos</b>	<b>Lbs</b>	<b>DEADLIFT</b>	<b>Kilos</b>	<b>Lbs</b>	<b>TOTAL</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>181</b>												
<b>Division</b>	<b>CURL</b>	<b>Kilos</b>	<b>Lbs</b>	<b>BENCH PRESS</b>	<b>Kilos</b>	<b>Lbs</b>	<b>DEADLIFT</b>	<b>Kilos</b>	<b>Lbs</b>	<b>TOTAL</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0

Masters Pure			0			0			0			0
P+F			0			0			0			0
P+F												
<b>198</b>												
<b>Division</b>	<b>CURL</b>	<b>Kilos</b>	<b>Lbs</b>	<b>BENCH PRESS</b>	<b>Kilos</b>	<b>Lbs</b>	<b>DEADLIFT</b>	<b>Kilos</b>	<b>Lbs</b>	<b>TOTAL</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<b>198+</b>												
<b>Division</b>	<b>CURL</b>	<b>Kilos</b>	<b>Lbs</b>	<b>BENCH PRESS</b>	<b>Kilos</b>	<b>Lbs</b>	<b>DEADLIFT</b>	<b>Kilos</b>	<b>Lbs</b>	<b>TOTAL</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0			0			0			0
Pure			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Junior			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F												

## MEN'S RETRO POWERLIFTING WEST VIRGINIA RECORDS

114												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School	Evan Tucker 6/8/19	30	66.14	Evan Tucker 6/8/19	35	77.16	Evan Tucker 6/8/19	75	165.35	Evan Tucker 6/8/19	140	308.65
Teenage	Evan Tucker 6/8/19	30	66.14	Evan Tucker 6/8/19	35	77.16	Evan Tucker 6/8/19	75	165.35	Evan Tucker 6/8/19	140	308.65
Juniors	Evan Tucker 6/8/19	30	66.14	Evan Tucker 6/8/19	35	77.16	Evan Tucker 6/8/19	75	165.35	Evan Tucker 6/8/19	140	308.65
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

123												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

132												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0

Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>148</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>165</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0

Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
Special Olym			0			0			0			0

<b>181</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2	Allen Smith 10.15.2022	185	407.85	Allen Smith 10.15.2022	146	321.87	Allen Smith 10.15.2022	205	451.95	Allen Smith 10.15.2022	536	1181.68
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>198</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0

Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>220</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>242</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0

P+F			0			0			0			0
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<b>275</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>308</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School	M.Hopson 10/15/2022	195	429.9	M.Hopson 10/15/2022	135	297.62	M.Hopson 10/15/2022	210	462.97	M.Hopson 10/15/2022	540	1190.49
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>SHW</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0

Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**WOMEN'S RETRO POWERLIFTING WEST VIRGINIA RECORDS**

<b>97</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>105</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0



Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>114</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>123</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0

Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>132</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>148</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage	C.Robinson 10/15/22	65	143.3	C.Robinson 10/15/22	53.5	117.95	C.Robinson 10/15/22	126	277.78	C.Robinson 10/15/22	244.5	539.03
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0

Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>165</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>181</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>198</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs

Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>198+</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

## MEN'S UNEQUIPPED POWERLIFTING WEST VIRGINIA RECORDS

<b>114</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>123</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>132</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage	Ciampanella 6-8-2019	100	220.46	Ciampanella 6-8-2019	50	110.23	Ciampanella 6-8-2019	110	242.51	Ciampanella 6-8-2019	260	573.2

Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>148</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors	Micah Muncy 6-8-2019	145	319.67	Micah Muncy 6-8-2019	82.5	181.88	Micah Muncy 6-8-2019	165	363.76	Micah Muncy 6-8-2019	392.5	865.31
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>165</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure	Roman Swager	157.5	347.23	Roman Swager	97.5	214.95	Roman Swager	190	418.88	Roman Swager	445	981.06
Open			0			0			0			0
Novice	Corey Rogers 6-8-2019	152.5	336.2	Corey Rogers 6-8-2019	120	264.55	Corey Rogers 6-8-2019	102.5	225.97	Corey Rogers 6-8-2019	375	826.73
High School	D. Ross III 4-13-2019	130	286.6	D. Ross III 4-13-2019	80	176.37	D. Ross III 4-13-2019	160	352.74	D. Ross III 4-13-2019	370	815.71
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0

Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>181</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure	A.Proffitt 4/8/23	200	440.92	A.Proffitt 4/8/23	115	253.53	A.Proffitt 4/8/23	207.5	457.46	A.Proffitt 4/8/23	522.5	1151.91
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2	Ron Conley 6-8-2019	160	352.74	Ron Conley 6-8-2019	117.5	259.04	Ron Conley 6-8-2019	182.5	402.34	Ron Conley 6-8-2019	460	1014.13
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F	B. Browning 6-8-2019		0	B. Browning 6-8-2019		0	B. Browning 6-8-2019		0	B. Browning 6-8-2019		0

<b>198</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open	B. Franklin	245	540.13	B. Franklin	140	308.65	B. Franklin	252.5	556.67	B. Franklin	632.5	1394.42
Novice	J. Ziegler 6-8-2019	187.5	413.37	J. Ziegler 6-8-2019	140	308.65	J. Ziegler 6-8-2019	242.5	534.62	J. Ziegler 6-8-2019	570	1256.63
High School			0			0			0			0
Teenage			0			0			0			0
Juniors	Hunter Amick	245	540.13	Zac O'dell 10.15.2022	178	392.42	Zac O'dell 10.15.2022	250	551.16	Hunter Amick	640	1410.96
Intermediate			0			0			0			0
Submasters 1	D. Ross JR 4-13-2019	225	496.04	D. Ross JR 4-13-2019	150	330.69	D. Ross JR 4-13-2019	217.5	479.5	D. Ross JR 4-13-2019	592.5	1306.24
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>220</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure	Marshall Clendenin	232.5	512.57	Marshall Clendenin	147.5	325.18	Marshall Clendenin	215	473.99	Marshall Clendenin	595	1311.75

Open			0			0			0			0
Novice	M. Chapman	182.5	402.34	M. Chapman	140	308.65	M. Chapman	200	440.92	M. Chapman	522.5	1151.91
High School	Josh Cunningham	217.5	479.5	Josh Cunningham	137.5	303.14	Josh Cunningham	235	518.09	Josh Cunningham	590	1300.73
Teenage			0			0			0			0
Juniors	M. Chapman	215	473.99	M. Chapman	145	319.67	M. Chapman	320	705.48	M. Chapman	485	1069.24
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2	Craig Tabor	215	473.99	Craig Tabor	190	418.88	Craig Tabor	217.5	479.5	Craig Tabor	622.5	1372.38
SMP			0			0			0			0
Masters 1	Craig Tabor 4-13-2019	207.5	457.46	Craig Tabor 4-13-2019	182.5	402.34	Craig Tabor 4-13-2019	220	485.02	Craig Tabor 4-13-2019	605	1333.8
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4	Bud Samples 6-8-2019	45	99.21	Bud Samples 6-8-2019	130	286.6	Bud Samples 6-8-2019	50	110.23	Bud Samples 6-8-2019	225	496.04
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>242</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors	Ike Boone 10/15/2022	212	467.38	Cody Rogers 6-8-2019	128.5	283.29	Ike Boone 10/15/2022	247.5	545.64	Ike Boone 10/15/2022	577.5	1273.17
Intermediate	M. Chapman	262.5	578.71	M. Chapman	167.5	369.27	M. Chapman	252.5	556.67	M. Chapman	677.5	1493.63
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>275</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure	Booker Stephens	227.5	501.55	Booker Stephens	192.5	424.39	Booker Stephens	287.5	633.83	Booker Stephens	707.5	1559.77
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage	R.Chapman 10/15/2022	230	507.06	R.Chapman 10/15/2022	147.5	325.18	R.Chapman 10/15/2022	242.5	534.62	R.Chapman 10/15/2022	620	1366.86
Juniors			0			0			0			0
Intermediate	Fesperman 6-8-2019	202.5	446.44	Fesperman 6-8-2019	117.5	259.04	Fesperman 6-8-2019	227.5	501.55	Fesperman 6-8-2019	547.5	1207.03
Submasters 1			0			0			0			0
Submasters 2	Justin Conley 6-8-2019	217.5	479.5	Justin Conley 6-8-2019	142.5	314.16	Justin Conley 6-8-2019	215	473.99	Justin Conley 6-8-2019	575	1267.66



SMP	Booker Stephens	227.5	501.55	Booker Stephens	175	385.81	Booker Stephens	272.5	600.76	Booker Stephens	675	1488.12
Masters 1	Bob Brown 6-8-2019	182.5	402.34	Bob Brown 6-8-2019	120	264.55	Bob Brown 6-8-2019	187.5	413.37	Bob Brown 6-8-2019	490	1080.26
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure	Bob Brown 6-8-2019	182.5	402.34	Bob Brown 6-8-2019	120	264.55	Bob Brown 6-8-2019	187.5	413.37	Bob Brown 6-8-2019	490	1080.26
P+F			0			0			0			0

<b>308</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate	John Adkins 4-1-2017	205	451.95	John Adkins 4-1-2017	127.5	281.09	John Adkins 4-1-2017	227.5	501.55	John Adkins 4-1-2017	560	1234.59
Submasters 1			0			0			0			0
Submasters 2	Mark Jarrell	242.5	534.62	Mark Jarrell	182.5	402.34	Mark Jarrell	242.5	534.62	Mark Jarrell	667.5	1471.58
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>SHW</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School	Hunter Trent 6-8-2019	182.5	402.34	Hunter Trent 6-8-2019	137.5	303.14	Hunter Trent 6-8-2019	240	529.11	Hunter Trent 6-8-2019	560	1234.59
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2	Mark Jarrell	260	573.2	Mark Jarrell	185	407.85	Mark Jarrell	260	573.2	Mark Jarrell	705	1554.26
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**WOMEN'S UNEQUIPPED POWERLIFTING WEST VIRGINIA RECORDS**

**97**

Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**105**

Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

**114**

Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0

Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>123</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice	Taylor Mcutchon 4/8/23	82.5	181.88	Taylor Mcutchon 4/8/23	40	88.18	Taylor Mcutchon 4/8/23	107.5	237	Taylor Mcutchon 4/8/23	230	507.06
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>132</b>												
<b>Division</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0

Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>148</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>165</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

<b>181</b>												
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Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<b>198</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice	Brittany Sebok	100	220.46	Brittany Sebok	58.5	128.97	Brittany Sebok	127.5	281.09	Brittany Sebok	286	630.52
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate	Brittany Sebok	112.5	248.02	Brittany Sebok	62.5	137.79	Brittany Sebok	130	286.6	Brittany Sebok	305	672.41
Submasters 1			0			0			0			0
Submasters 2			0			0			0			0
SMP			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<b>198+</b>												
Division	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open	Emily Chapman 10/15/22	145	319.67	Emily Chapman 10/15/22	77.5	170.86	Emily Chapman 10/15/22	141	310.85	Emily Chapman 10/15/22	363.5	801.38
Novice	Kayla Tabor	125	275.58	Kayla Tabor	80	176.37	Kayla Tabor	127.5	281.09	Kayla Tabor	332.5	733.04
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate	Kayla Tabor	127.5	281.09	Kayla Tabor	72.5	159.83	Kayla Tabor	140	308.65	Kayla Tabor	340	749.57

<b>Submasters 1</b>	Kayla Tabor	142.5	314.16	Kayla Tabor	82.5	181.88	Kayla Tabor	145	319.67	Kayla Tabor	370	815.71
<b>Submasters 2</b>	Brittany Sebok 4/8/23	150	330.69	Brittany Sebok 4/8/23	80	176.37	Brittany Sebok 4/8/23	162.5	358.25	Brittany Sebok 4/8/23	392.5	865.31
<b>SMP</b>			0			0			0			0
<b>Masters 1</b>			0			0			0			0
<b>Masters 2</b>			0			0			0			0
<b>Masters 3</b>			0			0			0			0
<b>Masters 4</b>			0			0			0			0
<b>Masters 5</b>			0			0			0			0
<b>Masters Pure</b>			0			0			0			0
<b>P+F</b>			0			0			0			0

## MEN'S UNEQUIPPED PUSH PULL WEST VIRGINIA RECORDS

Division- 114	Wt.KG	Lbs	Name	Date	Division- 123	Wt.KG	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
Division- 132	Wt.KG	Lbs	Name	Date	Division- 148	Wt.KG	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

Division- 165	<u>Wt.KG</u>	Lbs	Name	Date	Division- 181	<u>Wt.KG</u>	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2	351	773.82	Allen Smith	10.15.2022
Masters 3		0			Masters 3	295	650.36	B.Helmondollar	11/9/19
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
Division- 198	<u>Wt.KG</u>	Lbs	Name	Date	Division- 220	<u>Wt.KG</u>	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
Division- 242	<u>Wt.KG</u>	Lbs	Name	Date	Division- 275	<u>Wt.KG</u>	Lbs	Name	Date



Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors	390	859.8	Ryan Chapman	10.15.2022
Intermediate	420	925.94	Matt Chapman		Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2	460	1014.13	Booker Stephens		Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

Division- 308	<u>Wt.KG</u>	Lbs	Name	Date	Division- SHW	<u>Wt.KG</u>	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP	502.5	1107.82	Jason Belcher	
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

**WOMEN'S UNEQUIPPED PUSH PULL WEST VIRGINIA RECORDS**

Division- 97	WtKG	Lbs	Name	Date	Division- 105	WtKG	Lbs	Name	Date
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Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

Division- 114	WtKG	Lbs	Name	Date	Division- 123	WtKG	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

Division- 132	WtKG	Lbs	Name	Date	Division- 148	WtKG	Lbs	Name	Date
Pure		0			Pure		0		

Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School	179.5	395.73	Cheyenne Robinson	10/15/22
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3	300	661.39	Helmondollar	6/8/19
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
<hr/>									
<b>Division- 165</b>	<b>WtKG</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>	<b>Division- 181</b>	<b>WtKG</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
Submasters 1		0			Submasters 1		0		
Submasters 2		0			Submasters 2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
<hr/>									
<b>Division- 198</b>	<b>WtKG</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>	<b>Division- 198+</b>	<b>WtKG</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>
Pure		0			Pure		0		
Novice		0			Novice		0		

Open		0		Open		0		
High School		0		High School		0		
Teenage		0		Teenage		0		
Juniors		0		Juniors		0		
Intermediate	192.5	424.39	Brittany Sebok	Intermediate	218.41	481.51	Emily Chapman	10/15/22
P+F		0		P+F		0		
Submasters 1		0		Submasters 1	217.5	479.5	Kayla Tabor	
Submasters 2		0		Submasters 2		0		
SMP		0		SMP	242.5	534.62	Brittany Sebok	4/8/23
Masters 1		0		Masters 1		0		
Masters 2		0		Masters 2		0		
Masters 3		0		Masters 3		0		
Masters 4		0		Masters 4		0		
Masters 5		0		Masters 5		0		
Masters Pure		0		Masters Pure		0		

## MEN'S EQUIPPED PUSH PULL WEST VIRGINIA RECORDS

114	Wt. Kgs.	Lbs	Name	Date	123	Wt. Kgs.	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
132	Wt. Kgs.	Lbs	Name	Date	148	Wt. Kgs.	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

165	Wt. Kgs.	Lbs	Name	Date	181	Wt. Kgs.	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3	295	650.36	B.Helmondollar	11/9/19
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
198	Wt. Kgs.	Lbs	Name	Date	220	Wt. Kgs.	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open	445	981.06	M. Chapman	4/8/23
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate	492.5	1085.78	Rudy Nagy	8/6/14
P+F		0			P+F	526	1159.63	Scott Cook	8/6/14
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
242	Wt. Kgs.	Lbs	Name	Date	275	Wt. Kgs.	Lbs	Name	Date

Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School	402.5	887.36	Zach Howerton	2/21/09
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate	502.5	1107.82	Sammy Sebok	10/15/11	Intermediate		0		
P+F	507.5	1118.84	Scott Cook	6/11/11	P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP	540	1190.49	Sammy Sebok	6/11/17
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
<b>308</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>	<b>SHW</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage	460	1014.13	Zach Howerton	7/21/12	Teenage		0		
Juniors	530	1168.45	Zach Howerton	9/16/13	Juniors	530	1168.45	Zach Howerton	5/22/14
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2	578	1274.27	Sammy Sebok	2/21/21	SM2		0		
SMP	578	1274.27	Sammy Sebok	2/21/21	SMP	585	1289.7	Mark Jarrell	10/14/17
Masters 1		0			Masters 1		0		
Masters 2	481	1060.42	Kent Burgess	4/25/09	Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

## WOMEN'S EQUIPPED PUSH PULL WEST VIRGINIA RECORDS

97	Wt. Kgs.	Lbs	Name	Date	105	Wt. Kgs.	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
114	Wt. Kgs.	Lbs	Name	Date	123	Wt. Kgs.	Lbs	Name	Date
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		



<b>132</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>	<b>148</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
<b>165</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>	<b>181</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>
Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		
<b>198</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>	<b>198+</b>	<b>Wt. Kgs.</b>	<b>Lbs</b>	<b>Name</b>	<b>Date</b>

Pure		0			Pure		0		
Novice		0			Novice		0		
Open		0			Open		0		
High School		0			High School		0		
Teenage		0			Teenage		0		
Juniors		0			Juniors		0		
Intermediate		0			Intermediate		0		
P+F		0			P+F		0		
SM1		0			SM1		0		
SM2		0			SM2		0		
SMP		0			SMP		0		
Masters 1		0			Masters 1		0		
Masters 2		0			Masters 2		0		
Masters 3		0			Masters 3		0		
Masters 4		0			Masters 4		0		
Masters 5		0			Masters 5		0		
Masters Pure		0			Masters Pure		0		

# MEN'S UNEQUIPPED BENCH ONLY WEST VIRGINIA RECORDS

Men's 114				Men's 123			
Division	Name	Kilos	Lbs	Division	Name	Kilos	Lbs
Pure			0	Pure			0
Open			0	Open			0
High School			0	High School			0
Novice			0	Novice			0
Juniors			0	Juniors			0
Teen			0	Teen			0
Intermediate			0	Intermediate			0
P+F			0	MPF			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
SMP			0	SM Pure			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
Men's 132				Men's 148			
Division	Name	Kilos	Lbs	Division	Name	Kilos	Lbs
Pure			0	Pure			0
Open			0	Open			0
High School			0	High School			0
Novice			0	Novice			0
Juniors			0	Juniors			0
Teen			0	Teen			0
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0

Masters Pure			0		Masters Pure			0	
	Men's 165					Men's 181			
<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>		<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>	
Pure			0		Pure			0	
Open			0		Open			0	
High School			0		High School			0	
Novice			0		Novice			0	
Juniors			0		Juniors			0	
Teen			0		Teen			0	
Intermediate			0		Intermediate			0	
P+F			0		P+F			0	
Submasters 1			0		Submasters 1			0	
Submasters 2			0		Submasters 2			0	
SMP			0		SMP			0	
Masters 1			0		Masters 1			0	
Masters 2			0		Masters 2			0	
Masters 3			0		Masters 3	Helmondollar 6-8-2019	117.5	259.04	
Masters 4			0		Masters 4			0	
Masters 5			0		Masters 5			0	
Masters Pure			0		Masters Pure			0	
	Men's 198					Men's 220			
<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>		<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>	
Pure			0		Pure			0	
Open			0		Open			0	
High School			0		High School			0	
Novice			0		Novice			0	
Juniors	Zac Odell 10/2022	182.5	402.34		Juniors			0	
Teen			0		Teen			0	
Intermediate			0		Intermediate			0	
P+F			0		P+F			0	
Submasters 1			0		Submasters 1			0	
Submasters 2			0		Submasters 2	Craig Tabor	190	418.88	
SMP			0		SMP			0	
Masters 1			0		Masters 1			0	
Masters 2			0		Masters 2			0	
Masters 3			0		Masters 3	Duane Taylor 6-8-2019	122.5	270.07	
Masters 4			0		Masters 4	Bud Samples 6-8-2019	130	286.6	

Masters 5			0
Masters Pure			0
<b>Men's 242.5</b>			
<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0
Masters 1			0
Masters 2	Jess Bailes 6-8-2019	137.5	303.14
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

<b>Men's 308</b>			
<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0
Masters 1			0
Masters 2	Kent Burgess 6/22/2014	230	507.06
Masters 3			0

Masters 5			0
Masters Pure			0
<b>Men's 275.5</b>			
<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0
Masters 1			0
Masters 2	Burgess 4/26/2008	210	462.97
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

<b>Men's SHW</b>			
<u>Division</u>	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1	Jason Belcher	220	485.02
Submasters 2			0
SMP	Jason Belcher	217.5	479.5
Masters 1			0
Masters 2			0
Masters 3			0

Masters 4			0		Masters 4			0
Masters 5			0		Masters 5			0
Masters Pure	Kent Burgess 6/22/2014	230	507.06		Masters Pure			0

## WOMEN'S UNEQUIPPED BENCH ONLY WEST VIRGINIA RECORDS

Women 97			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0
Masters 1			0
Masters 2			0
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

Women 105			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0
Masters 1			0
Masters 2			0
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

Women 114			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0

Women 123			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0

Masters 1			0
Masters 2			0
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

Masters 1			0
Masters 2			0
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

Women 132			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0
Masters 1			0
Masters 2			0
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

Women 148			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0
SMP			0
Masters 1			0
Masters 2			0
Masters 3			0
Masters 4			0
Masters 5			0
Masters Pure			0

Women 165			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0

Women 181			
Division	Name	Kilos	Lbs
Pure			0
Open			0
High School			0
Novice			0
Juniors			0
Teen			0
Intermediate			0
P+F			0
Submasters 1			0
Submasters 2			0

SMP			0		SMP			0	
Masters 1			0		Masters 1			0	
Masters 2			0		Masters 2			0	
Masters 3			0		Masters 3			0	
Masters 4			0		Masters 4			0	
Masters 5			0		Masters 5			0	
Masters Pure			0		Masters Pure			0	
	Women 198					Women 198+			
Division	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>		Division	<u>Name</u>	<u>Kilos</u>	<u>Lbs</u>	
Pure			0		Pure			0	
Open			0		Open			0	
High School			0		High School			0	
Novice			0		Novice			0	
Juniors			0		Juniors			0	
Teen			0		Teen			0	
Intermediate			0		Intermediate			0	
P+F			0		P+F			0	
Submasters 1			0		Submasters 1			0	
Submasters 2			0		Submasters 2	Brittany Sebok 4/8/23	80	176.37	
SMP			0		SMP			0	
Masters 1			0		Masters 1			0	
Masters 2			0		Masters 2			0	
Masters 3			0		Masters 3			0	
Masters 4			0		Masters 4			0	
Masters 5			0		Masters 5			0	
Masters Pure			0		Masters Pure			0	



## MEN'S EQUIPPED BENCH PRESS WEST VIRGINIA RECORDS

Division- 114	Name	Kilos	Lbs	Division- 123	Name	Kilos	Lbs
Pure	Martin/Odell (No Date)	50	110.23	Pure	S. Caldwell 11/13/2004	100	220.46
Open	T. O'Dell 4/28/2007	57.5	126.77	Open	R. Cross 7/9/2001	77.5	170.86
Novice	K. Fisher 4/24/2004	57.5	126.77	Novice	R. Sebok 11/10/2001	60	132.28
High School	O'Dell 3/19/2006	50	110.23	High School	G. Oliver 4/2/2005	87.5	192.9
Teenage	T. O'Dell 3/18/2007	62.5	137.79	Teenage	R. Cross 7/9/2001	77.5	170.86
Juniors	K. Fisher 4/24/2004	57.5	126.77	Juniors	S. Caldwell 4/26/2003	90	198.42
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
Submasters Pure			0	Submasters Pure			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
Division- 132	Name	Kilos	Lbs	Division- 148	Name	Kilos	Lbs
Pure	A. Phillips 3/19/2006	110	242.51	Pure	J. Keseker 4/22/2006	157.5	347.23
Open	K. Street 4/24/2004	80	176.37	Open	R. Sebok 11/15/2003	112.5	248.02
Novice	A. Phillips 4/22/2006	117.5	259.04	Novice	A. Owens 7/30/2005	95	209.44
High School	R. Sebok 4/26/2003	102.5	225.97	High School	R. Sebok/J. Keseker	112.5	248.02
Teenage	C. Clevenger 10/6/2007	95	209.44	Teenage	J. Keseker 4/22/2006	157.5	347.23
Juniors	S. Caldwell 11/10/2001	90	198.42	Juniors	D. Dent 4/27/2002	115	253.53
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
Submasters Pure			0	Submasters Pure			0
Masters 1			0	Masters 1	Woodell 5/3/1997	132.5	292.11
Masters 2			0	Masters 2	Woodell 11/9/2002	110	242.51
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0

Masters Pure			0	Masters Pure			0
<b>Division- 165</b>	<b>Name</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Division- 181</b>	<b>Name</b>	<b>Kilos</b>	<b>Lbs</b>
Pure	Underwood 8/1/1998	155	341.72	Pure	Underwood 10/9/1999	187.5	413.37
Open	S. Martin 11/9/2008	220	485.02	Open	S. Martin 11/4/2006	165	363.76
Novice	S. Martin 7/30/2005	155	341.72	Novice	K. Trippet 4/24/2002	170	374.79
High School	M. Mucheck 5/15/2004	142.5	314.16	High School	D. Roberson 4/28/2007	130	286.6
Teenage	M. Heckert 3/19/2006	162.5	358.25	Teenage	E. Adkins 11/14/1998	150	330.69
Juniors	S. Martin 7/30/2005	155	341.72	Juniors	K. Trippet 4/24/2002	170	374.79
Intermediate	S. Martin 11/9/2008	220	485.02	Intermediate	J. White 6/23/2001	165	363.76
P+F			0	P+F	K. Barker 7/10/2004	165	363.76
Submasters 1			0	Submasters 1	D. Webb 4/24/2004	162.5	358.25
Submasters 2			0	Submasters 2	D. Snyder 6/1/1996	137.5	303.14
Submasters Pure	K.Trippet 11/8/2008	170	374.79	Submasters Pure	Webb/Hutchinson	162.5	358.25
Masters 1	Underwood 8/1/1998	155	341.72	Masters 1	M. Hager 4/26/2003	162.5	358.25
Masters 2	Leichilter 4/28/2012	128.5	283.29	Masters 2	Helmondollar 4/26/2008	130	286.6
Masters 3	K. Samples 11/12/2005	102.5	225.97	Masters 3	K. Samples 11/12/2005	120	264.55
Masters 4			0	Masters 4	S. Mason 4/28/2007	50	110.23
Masters 5			0	Masters 5			0
Masters Pure	Leichilter 4/24/2010	128.5	283.29	Masters Pure	Underwood 5/7/2000	191	421.08
<b>Division- 198</b>	<b>Name</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Division- 220</b>	<b>Name</b>	<b>Kilos</b>	<b>Lbs</b>
Pure	C. McIntyre 4/24/1999	187.5	413.37	Pure	W. Davis 4/26/2008	210	462.97
Open	C. McIntyre 11/15/2003	192.5	424.39	Open	M. Chapman 4/8/23	232.5	512.57
Novice	C. McIntyre 4/27/2001	192.5	424.39	Novice	J. Collins 4/27/2002	192.5	424.39
High School	J. Beverlin 4/24/2004	145	319.67	High School	E. Haney 5/15/2004	167.5	369.27
Teenage	Siemaczko 11/14/1998	171	376.99	Teenage	S. Sebok 11/10/2001	155	341.72
Juniors	K. Hamrick 3/19/2006	155	341.72	Juniors	J. Weigle 5/6/2000	187.5	413.37
Intermediate	Vince D. 3/19/2006	180	396.83	Intermediate	R. Nagy 4/19/2004	235	518.09
P+F	K. Barker 10/22/2005	172.5	380.3	P+F	S. Cook 11/12/2012	250	551.16
Submasters 1	C. McIntyre 7/13/2002	195	429.9	Submasters 1	E. Lilly 8/31/1996	205	451.95
Submasters 2	Hager/Diaz	157.5	347.23	Submasters 2	D. Harpold 8/31/1996	202.5	446.44
Submasters Pure	D. Diaz 11/4/2006	157.5	347.23	Submasters Pure	S. Sebok 6/22/2014	275.5	607.37
Masters 1	G. Combs 4/24/1999	182.5	402.34	Masters 1	D. Currence 7/15/2007	222.5	490.53
Masters 2	S. Milam 4/24/1999	162.5	358.25	Masters 2	D. Taylor 10/6/2007	192.5	424.39
Masters 3	S. Milam 4/30/2005	142.5	314.16	Masters 3	V. White 11/12/2005	137.5	303.14
Masters 4			0	Masters 4			0

Masters 5			0	Masters 5			0
Masters Pure	G. Combs 4/24/1999	182.5	402.34	Masters Pure	G. Combs 7/13/2002	192.5	424.39
<b>Division- 242</b>	<b>Name</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Division- 275</b>	<b>Name</b>	<b>Kilos</b>	<b>Lbs</b>
Pure	J. Adkins 11/12/2004	210	462.97	Pure	J. Fraizer 11/13/2011	252.5	556.67
Open	J. Adkins 4/24/2004	200	440.92	Open	J. Fraizer 11/8/2008	250	551.16
Novice	S. Beatty 11/12/2005	200	440.92	Novice	McCallister 5/4/1998	185	407.85
High School	D. Kipp 3/19/2006	167.5	369.27	High School	Z. Howerton 4/26/2008	187.5	413.37
Teenage	D. Kipp 3/19/2006	167.5	369.27	Teenage	Z. Howerton 4/26/2008	187.5	413.37
Juniors	S. Sebok 3/13/2005	185	407.85	Juniors	D. Thomas 3/19/2006	175	385.81
Intermediate	S. Sebok 2/21/2009	245	540.13	Intermediate	D. Holbert 3/19/1996	190	418.88
P+F	A. Petry 11/8/2008	172.5	380.3	P+F	M. Runyon 7/16/2006	195	429.9
Submasters 1	S. Criser 11/18/2000	185	407.85	Submasters 1	S. Adkins 4/22/2006	197.5	435.41
Submasters 2	C. Asbury 7/12/2008	260	573.2	Submasters 2	Modesitt 11/10/1996	197.5	435.41
Submasters Pure	C. Asbury 11/4/2006	257.5	567.69	Submasters Pure	J. Fraizer 11/13/2011	252.5	556.67
Masters 1	S. Beatty 4/28/2007	202.5	446.44	Masters 1	Burgess 7/16/2006	241	531.31
Masters 2	K. Dolin 7/12/2008	170	374.79	Masters 2	Burgess 7/15/2007	240	529.11
Masters 3	J. Ayers 11/15/2003	130	286.6	Masters 3	C. Stevens 5/6/2000	115	253.53
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure	Burgess 2/13/1999	213.5	470.69	Masters Pure	Burgess 7/16/2006	241	531.31
<b>Division- 308</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Division- SHW</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>
Pure	Burgess 10/6/2007	245	540.13	Pure	Mark Jarrell 4/14/2018	282.5	622.81
Open	Burgess 10/6/2007	245	540.13	Open	K. Hamrick 3/19/2006	207.5	457.46
Novice	JJ Pruit 11/16/1997	227.5	501.55	Novice	K. Hamrick 3/19/2006	207.5	457.46
High School	J. Saunders 4/27/2003	170	374.79	High School	S. Casto 1/12/2002	162.5	358.25
Teenage	Z. Howerton 7/21/2012	227.5	501.55	Teenage	D. Nichols 8/12/2001	177.5	391.32
Juniors	Z. Howerton 6/8/2013	272.5	600.76	Juniors	Z. Howerton 6/22/2014	267.5	589.74
Intermediate	JJ Pruit 5/4/1997	202.5	446.44	Intermediate	A. Shields 6/23/2001	272.5	600.76
P+F			0	P+F			0
Submasters 1	W. Shamblin 7/15/2007	255	562.18	Submasters 1			0
Submasters 2	S. Sebok	282.5	622.81	Submasters 2	M. Jarrell 10/14/2017	300	661.39
Submasters Pure			0	Submasters Pure	M. Jarrell 10/14/2017	300	661.39
Masters 1	Burgess 11/9/2002	236	520.29	Masters 1	Mark Jarrell	290	639.34
Masters 2	Burgess 4/35/2009	251	553.36	Masters 2	M. Miller 4/22/2014	190	418.88
Masters 3			0	Masters 3			0

Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure	Burgess 11/9/2002	236	520.29	Masters Pure	K. Hamrick 7/16/2006	240	529.11

## WOMEN'S EQUIPPED BENCH PRESS WEST VIRGINIA RECORDS

<u>Division</u>	<u>Name</u>	Kilos	Lbs	<u>Division</u>	<u>Name</u>	Kilos	Lbs
Pure			0	Pure			0
Novice			0	Novice			0
Open			0	Open			0
High School			0	High School			0
Teenage			0	Teenage			0
Juniors			0	Juniors			0
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
Submasters Pure			0	Submasters Pure			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0

<u>Division- 114</u>	<u>Name</u>	Kilos	Lbs	<u>Division- 123</u>	<u>Name</u>	Kilos	Lbs
Pure			0	Pure			0
Novice			0	Novice			0
Open			0	Open			0
High School			0	High School			0
Teenage			0	Teenage			0
Juniors			0	Juniors			0
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
Submasters Pure			0	Submasters Pure			0
Masters 1			0	Masters 1			0

Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0

<u>Division- 132</u>	<u>Name</u>	Kilos	Lbs	<u>Division- 148</u>	<u>Name</u>	Kilos	Lbs
Pure			0	Pure			0
Novice			0	Novice			0
Open			0	Open			0
High School			0	High School			0
Teenage			0	Teenage			0
Juniors			0	Juniors			0
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
Submasters Pure			0	Submasters Pure			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0

<u>Division- 165</u>	<u>Name</u>	Kilos	Lbs	<u>Division- 181</u>	<u>Name</u>	Kilos	Lbs
Pure			0	Pure			0
Novice			0	Novice			0
Open			0	Open			0
High School			0	High School			0
Teenage			0	Teenage			0
Juniors			0	Juniors			0
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
Submasters Pure			0	Submasters Pure			0

Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0

<b>Division- 198</b>	<b>Name</b>	Kilos	Lbs	<b>Division- 198+</b>	<b>Name</b>	Kilos	Lbs
Pure			0	Pure			0
Novice			0	Novice			0
Open			0	Open			0
High School			0	High School			0
Teenage			0	Teenage			0
Juniors			0	Juniors			0
Intermediate			0	Intermediate			0
P+F			0	P+F			0
Submasters 1			0	Submasters 1			0
Submasters 2			0	Submasters 2			0
Submasters Pure			0	Submasters Pure			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0

## MEN'S EQUIPPED POWERLIFTING WEST VIRGINIA RECORDS

Division- 114	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Novice			0			0			0			0
Open			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<b>Division- 123</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<b>Division- 132</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0

SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- 148	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- 165	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0



Division- 181	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
Division- 198	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
Division- 220	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open	M. Chapman 4/8/23	265	584.22	M. Chapman 4/8/23	232.5	512.57	M. Chapman 4/8/23	222.5	490.53	M. Chapman 4/8/23	720	1587.33
Novice			0			0			0			0
High School	Burgraff 4/26/2008	275	606.27			0			0	Burgraff 4/26/2008	730	1609.37
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0

SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F	Scott Cook 4/19/2014	282.5	622.81	Scott Cook 4/19/2014	252.5	556.67	Scott Cook 4/19/2014	287.5	633.83	Scott Cook 4/19/2014	813.5	1793.46
<b>Division- 242</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure	Stevie Mullins 10.15.2022	237.5	523.6	Stevie Mullins 10.15.2022	170	374.79	Stevie Mullins 10.15.2022	245	540.13	Stevie Mullins 10.15.2022	652.5	1438.51
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage	Shawn Burgraff 11/8/2000	292.5	644.85	Shawn Burgraff 11/8/2000	210	462.97	Shawn Burgraff 11/8/2000	282.5	622.81	Shawn Burgraff 11/8/2000	785	1730.63
Juniors	Shawn Burgraff 11/12/2011	335	738.55	Shawn Burgraff 11/12/2011	210	462.97	Shawn Burgraff 11/12/2011	330	727.52	Shawn Burgraff 11/12/2011	850	1873.93
Intermediate	Shawn Burgraff 4/27/2013	352.5	777.13	Shawn Burgraff 4/27/2013	225	496.04	Shawn Burgraff 4/27/2013	352.5	777.13	Shawn Burgraff 4/27/2013	895	1973.13
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure	Sammy Sebok	297.5	655.87	Sammy Sebok	227.5	501.55	Sammy Sebok	282.5	622.81	Sammy Sebok	795	1752.67
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F	Scott Cook	295	650.36	Scott Cook	235	518.09	Scott Cook	272.5	600.76	Scott Cook	802.5	1769.21
<b>Division- 275</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate	Bryson Blake	265	584.22	Bryson Blake	165	363.76	Bryson Blake	257.5	567.69	Bryson Blake	687.5	1515.68
SM 1 (30-34)	Sammy Sebok	325	716.5	Sammy Sebok	250	551.16	Sammy Sebok	287.5	633.83	Sammy Sebok	862.5	1901.48
SM 2(35-39)	Sammy Sebok	345	760.59	Sammy Sebok	257.5	567.69	Sammy Sebok	292.5	644.85	Sammy Sebok	895	1973.13
SM Pure	Sammy Sebok	340	749.57	Sammy Sebok	260	573.2	Sammy Sebok	287.5	633.83	Sammy Sebok	880	1940.07
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<b>Division- 308</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>

Pure			0			0			0			0
Open	Sammy Sebok	365	804.69	Sammy Sebok	282.5	622.81	Sammy Sebok	295	650.36	Sammy Sebok	942.5	2077.85
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure	Sammy Sebok	347.5	766.11	Sammy Sebok 5/21/22	275	606.27	Sammy Sebok 5/21/22	300	661.39	Sammy Sebok	907.5	2000.69
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- SHW	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors	Zach Howerton	300	661.39	Zach Howerton	272.5	600.76	Zach Howerton	272.5	600.76	Zach Howerton	845	1862.9
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure	Mark Jarrell 10/14/2017	377.5	832.24	Mark Jarrell 10/14/2017	300	661.39	Mark Jarrell 10/14/2017	285	628.32	Mark Jarrell 10/14/2017	962.5	2121.95
Masters 1	Mark Jarrell 11/10/2018	352.5	777.13	Mark Jarrell 11/10/2018	290	639.34	Mark Jarrell 11/10/2018	272.5	600.76	Mark Jarrell 11/10/2018	915	2017.23
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure	Mark Jarrell 6/15/2019	380	837.76	Mark Jarrell 6/15/2019	280	617.29	Mark Jarrell 6/15/2019	287.5	633.83	Mark Jarrell 6/15/2019	947.5	2088.88
P+F			0			0			0			0

**WOMEN'S EQUIPPED POWERLIFTING WEST VIRGINIA RECORDS**

Division- 97	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0

SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- 105	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- 114	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- 123	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
---------------	-------	-------	-----	-------------	-------	-----	----------	-------	-----	-------	-------	-----

Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- 132	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

Division- 148	Squat	Kilos	Lbs	Bench Press	Kilos	Lbs	Deadlift	Kilos	Lbs	Total	Kilos	Lbs
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0

Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<hr/>												
<b>Division- 165</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<hr/>												
<b>Division- 181</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
<hr/>												
<b>Division- 198</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0

Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0
P+F	Gibson 10-11-03	177.5	391.32	Fletcher 9-14-02	102.5	225.97	Fletcher 9-14-02	182.5	402.34	Gibson 10-11-03	460	1014.13
<b>Division- 198+</b>	<b>Squat</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Bench Press</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Deadlift</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Total</b>	<b>Kilos</b>	<b>Lbs</b>
Pure			0			0			0			0
Open			0			0			0			0
Novice			0			0			0			0
High School			0			0			0			0
Teenage			0			0			0			0
Juniors			0			0			0			0
Intermediate			0			0			0			0
SM 1 (30-34)			0			0			0			0
SM 2(35-39)			0			0			0			0
SM Pure			0			0			0			0
Masters 1			0			0			0			0
Masters 2			0			0			0			0
Masters 3			0			0			0			0
Masters 4			0			0			0			0
Masters 5			0			0			0			0
Masters Pure			0			0			0			0
P+F			0			0			0			0

## MEN'S POWERPRESS WEST VIRGINIA RECORDS

Division- 114	Lifter	Kilos	Lbs	Division- 123	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0
Division- 132	Lifter	Kilos	Lbs	Division- 148	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0
Division- 165	Lifter	Kilos	Lbs	Division- 181	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0



Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

Division- 198	Lifter	Kilos	Lbs	Division- 220	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

Division- 242	Lifter	Kilos	Lbs	Division- 275	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0

Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

Division- 308	Lifter	Kilos	Lbs	Division- SHW	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

**WOMEN'S POWERPRESS WEST VIRGINIA RECORDS**

Division- 97	Lifter	Kilos	Lbs	Division- 105	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

Division- 114	Lifter	Kilos	Lbs	Division- 123	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

Division- 132	Lifter	Kilos	Lbs	Division- 148	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

Division- 165	Lifter	Kilos	Lbs	Division- 181	Lifter	Kilos	Lbs
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0

Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0
<b>Division- 198</b>	<b>Lifter</b>	<b>Kilos</b>	<b>Lbs</b>	<b>Division- 198+</b>	<b>Lifter</b>	<b>Kilos</b>	<b>Lbs</b>
Open			0	Open			0
Pure			0	Pure			0
Novice			0	Novice			0
High School			0	High School			0
Teenage			0	Teenage			0
Junior			0	Junior			0
Intermediate			0	Intermediate			0
Sub Masters 1			0	Sub Masters 1			0
Sub Masters 2			0	Sub Masters 2			0
SMP			0	SMP			0
Masters 1			0	Masters 1			0
Masters 2			0	Masters 2			0
Masters 3			0	Masters 3			0
Masters 4			0	Masters 4			0
Masters 5			0	Masters 5			0
Masters Pure			0	Masters Pure			0
P+F			0	P+F			0

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